

The first name in second chances.SM

Eckerd
Kids

E-Nini-Hassee

The
First Name in
Second
Chances
for Girls.





***The Most Trusted and Established
Outdoor Therapeutic School
for Girls***

Located on 840 acres of tranquil woodlands just one hour from Tampa and Orlando, E-Nini-Hassee combines an array of educational, therapeutic and outdoor adventure services that provide opportunities for healing and restoration of girls and their families.

At-A-Glance

Founded: 1969

Profile: Girls ages 12 – 18

Common Diagnoses: ADD, ADHD, depression, ODD, bi-polar, impulse control, mood disorder, social anxiety, substance abuse and issues related to social media

Licenses & Certifications: Council on Accreditation of Services for Children & Families; Licensed Level II Residential Substance Abuse Treatment; AdvancED™ — Southern Association of Colleges and Schools — Council on Accreditation and School Improvement (SACS CASI)

Academics: Accredited on-campus school with certified teachers and transferable credits

Therapeutic: Strength-based, non-punitive group process model emphasizing Cognitive Behavioral Therapy, Reality Therapy, self-awareness, accountability, responsibility and therapeutic outdoor adventures

Website: www.EckerdHelpsGirls.org

Address: 7027 E. Stage Coach Trail, Floral City, FL 34436

Phone: 888.726.3883

E-mail: admissions@eckerd.org



Accreditations:





● "The folks at every level of Eckerd have
● simply gone far above and beyond the
● call of duty...the life skills my daughter
● has already embraced and digested are
● exactly that — a game changer. Part of
● the Eckerd program is to reconstruct the
● foundation of these girls to give them a
● solid base to build their life around and
● effective coping skills to deal with the
● complexities of growing up in today's
● environment. Honestly, I have never
● been associated with a more caring and
● talented group of people than the folks at
● Eckerd E-Nini-Hassee"

— Keith K.



Why Choose E-Nini-Hassee?



- ✧ **Most Established and Trusted** — We are the most established and trusted outdoor therapeutic school for girls in the Southeastern United States, consistently identified as one of the most effective programs of its kind in the nation.
- ✧ **Focus on Long-Lasting Change** — Since 1969, we've helped nearly 10,000 girls turn their lives around by increasing their self-awareness, self-esteem, and helping them discover the spark that ignites their hopes, dreams and desire for a positive, successful future.
- ✧ **Highly Experienced Team of Professionals** — The longevity of our professional staff is almost unheard of in the therapeutic industry. Many have worked here for nearly two decades and are highly experienced in mentoring girls and providing them with interventions at critical emotional and behavioral junctures.
- ✧ **Parent Recommended** — More than 90% of parents are completely satisfied with our services and would recommend E-Nini-Hassee to families who need treatment.



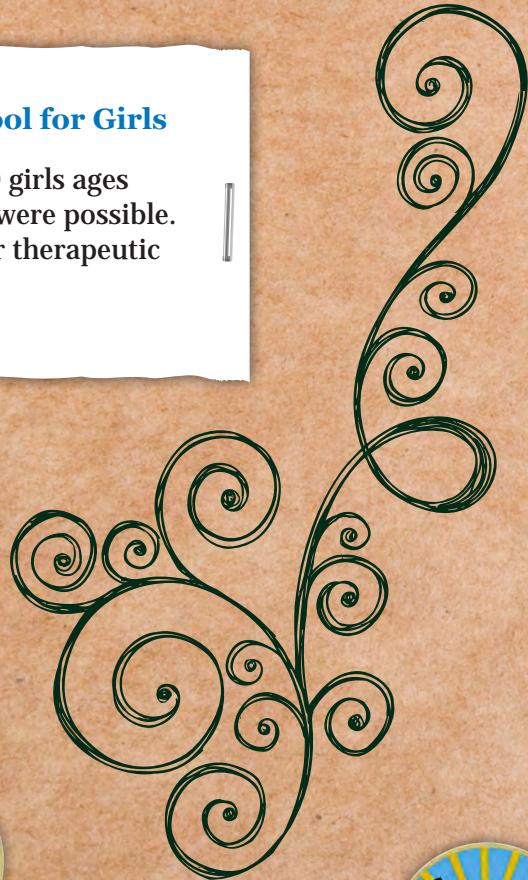
Helping Girls Reach Their Full Potential



Most Established and Trusted Therapeutic School for Girls

For 45+ years, E-Nini-Hassee has helped nearly 10,000 girls ages 12 – 18 achieve successful futures they never dreamed were possible. In fact, we are the most trusted and established outdoor therapeutic school for girls in the Southeast, specializing in:

- ✿ Abuse and neglect
- ✿ Adoption issues
- ✿ Attachment issues
- ✿ Anxiety disorders
- ✿ Bipolar disorder
- ✿ Depression
- ✿ Hopelessness
- ✿ Low self-esteem
- ✿ Poor peer choices
- ✿ Post traumatic stress
- ✿ Relationship problems
- ✿ School failure
- ✿ Substance abuse



Her Sunny Road

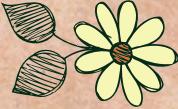
At E-Nini-Hassee, girls learn vital leadership, teamwork, communication and problem-solving skills they will use for the rest of their lives. They'll also develop the self-awareness, self-esteem and competence needed to navigate the tough road from adolescence to adulthood. In fact, that's why we are named E-Nini-Hassee, which means "Her Sunny Road" in the Seminole Indian language.



Care



Support



Love



Education Services

Encouraging Emotional and Academic Growth

Because behavioral problems are often intrinsically linked with academic challenges, the entire therapeutic team is integrated to include counselor teachers, and clinicians all focused on one goal – each girl's success.

Because no two girls or families are exactly alike, each girl receives an individualized academic and therapeutic plan designed to address her unique and specific needs based on formalized, nationally-recognized assessments that we administer. Our private on-campus school serves grades 6 – 12 and is accredited through AdvancED: Southern Association of Colleges and Schools.

Our curriculum is aligned with state and national Department of Education guidelines. All students gain skills and knowledge developed within a traditional liberal arts curriculum, including English, Math, Science, Social Studies, Health, PE and the Arts. Course objectives are taught through thematic instruction with an emphasis on experiential learning and small student/teacher ratios to encourage students to progress at their own rate. Integrated into the curriculum are other experiential activities for academic growth, improved self-concept, spiritual awareness and service to the community.

Our students regularly achieve academic gains of more than two years in about six months time. In addition, all academic credits earned are transferable.



"I see
the Moon
and the
Moon sees me..."



☆ ...and the moon
sees the one I
long to be"



"When I came to E-Nini-Hassee a few days before my 17th birthday, I had the belief that everything I was going through wasn't my fault. I blamed a lot of other people for the mistakes I had made, and it was causing me to make a lot more destructive choices. While I was at E-Nini-Hassee, I had the opportunity to rethink all that I had done, and it helped me turn my life around. The program gave me the chance to quit my old lifestyle and start over, doing things that I actually wanted to be doing. I met people who changed my life and gave me motivation. They inspired me and pushed me to be a better person. Today, I'm happier with myself, and my choices, and my life. I'm so grateful I had this experience before I got in over my head. I love E-Nini-Hassee and what it did for me. I'll never forget what I learned there. It will be part of me for the rest of my life."

— Olivia D.



Therapeutic Services

Focus on Long-Lasting Positive Change

E-Nini-Hassee provides an effective therapeutic environment to address the issues of girls at risk and in trouble who have generally not succeeded in other types of treatment. The E-Nini-Hassee approach is evidence-based and child focused, utilizing Cognitive Behavioral Therapy counseling with an emphasis on self-awareness, and the development of problem solving, communication, coping and socialization skills.

Rather than being system focused, our behavioral management model is aimed at helping girls make good choices because they are internally motivated to do the right thing, not because they are coerced through artificial systems or means. Real life demands that young people make sound decisions even when no clear rules or rewards for behavior exist.

Helping girls develop accurate self-awareness is the foundation upon which girls can sustain long-lasting changes required for healthy relationships, academic accomplishments, effective decision-making, and successful careers. To increase self-awareness, our girls engage in a variety of therapeutic activities and reflective practices to discover what they do well and to evaluate their guiding principles, values, and beliefs. Our staff are highly experienced and trained in providing girls with timely and accurate feedback and assisting them in overcoming thinking errors and self-defeating behaviors that may get in their way of success.

Our program also utilizes and stresses the importance of a positive peer culture and group process in treatment. Under supervision of trained Counselor Teachers, each girl learns she has not only individual responsibility, but a responsibility to others as well.

Surrounding this therapeutic framework are several evidence-based treatment approaches to include Trauma-Focused Cognitive Behavioral Therapy, Reality Therapy, Motivational Interviewing and concepts from the highly acclaimed "8 to Great Approach to Positive Life Change" and "Voices" curriculums.

Mind

Body

Spirit





"Your program literally saved my daughter's life, and I will be eternally grateful to the entire staff and counselors there. My daughter has stayed out of trouble since completing your program, is working and also preparing to graduate high school before she went to E-Nini-Hassee and was given the tools to help her make the conscious decision to turn her life around. Thank you, thank you, thank you for giving my daughter a second chance at a productive life."

— Trish R.



Admissions

Parents and/or professionals may make referrals to E-Nini-Hassee by contacting the Admissions Department at **888.726.3883** or by visiting www.EckerdHelpsGirls.org.

E-Nini-Hassee operates year-round and offers rolling admissions to serve girls who have shown significant difficulty functioning in social, family and/or school environments, and whose emotional and behavior problems have been unresponsive to treatment involving a less intensive level of care.



EckerdHelpsGirls.org

888.726.3883



My daughter has come a long way since leaving ENini-Hassee... I am so grateful that she had this opportunity to turn her life around, and I truly believe it was because of ENini-Hassee. I would hate to think where she would be now if she didn't attend - a very scary thought I must say.

You are the best!

~ Lisa C.



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Eckerd
Kids

E-Nini-Hassee

A Proven
Approach to
Helping Girls
Succeed

(888) 726-3883 • EckerdHelpsGirls.org

“Dreams don’t work
unless you do.”



E-Nini-Hassee

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A program of Eckerd Kids, a national nonprofit leader that has helped nearly 200,000 youth have much-needed second chances to succeed.

